

# School Health Services And Your Child



The Manchester Health Department  
School Health Services  
1528 Elm Street  
Manchester, NH 03101  
Tel: 603-624-6466 / Fax: 603-624-6584

Your school nurse is dedicated to seeing that your child is healthy and ready to learn each and every day!

Here are some of the services provided by your school nurse.

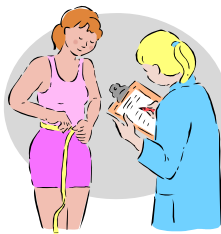
### **Health Records**

Health records are maintained on each student. These records are confidential and kept throughout your child's school stay.

Health records include information on immunizations, individual health conditions, and the required physical examinations from school entry, sixth grade and ninth grade.

### **Screening Programs**

Screening includes vision testing, hearing testing, height, weight, BMI, (body mass index), dental, and general health assessment. If you wish that your child is exempt from any or all screenings, please contact the nurse as soon as possible.



### **Health Promotion**

Health education is provided in each school on various topics, including nutrition, physical activity, heart health, safety, growth and development. Teaching our children healthy behaviors at an early age is an important role for the school nurse. Individual counseling for health concerns is provided for students and their parents as needs occur. With the parent's permission, the school nurse will consult with the child's primary health care provider (or outside agency) when it is in the interest of the child.

### **Individual Student School Health Plan**

Some children require special health care during the school day. A school health plan is developed to meet the individual health needs of students with special health concerns. If your child has a chronic illness (such as asthma) please call the school nurse to develop the best plan to care for your child during the school day. This information will be shared with school staff on a need to know basis.

### **First Aid and Illness Care**

The school nurse is available for accidents, medical emergencies, and when children become ill in school.



The school nurse may use Bacitracin ointment on a wound if necessary. School administrators are also trained to call 911 in emergencies and to handle dismissals.

### **Dismissals**

A parent or guardian will be notified in the event of any illness or injury that either requires follow up by your child's own doctor, or that prevents your child from participating in the normal school day. A parent or guardian will be notified for vomiting, moderate to serious injury, diseases or conditions requiring immediate dismissal. Please make sure the school nurse has your most current phone numbers.



### **Medication Administration Policy**

Sometimes children need to take medication during the school day. All medications require parent permission and a physician / healthcare provider prescription.

Medications are to be delivered to the school nurse in the original labeled container. Please contact your school nurse for the required forms and to discuss any concerns with the policy.

### **Immunizations**

State law requires that all children receive immunizations to Diphtheria/Tetanus/Pertussis, Polio, Mumps/ Measles / Rubella (MMR), Hepatitis B, Varicella, Hib before school entry. Please contact your child's health care provider to obtain the required immunizations, and provide a copy of the vaccine record to your school nurse.

If your child does not have a health care provider, immunizations may be obtained at no cost at the Manchester Health Department, 1528 Elm St., on Mondays 1:30 p.m. - 3:30 p.m. and Tuesdays 9:00 a.m. - 11:30 a.m. Thursday evening 3:00 p.m. - 6:00 p.m. *No appointment is necessary.* A parent or guardian must accompany children under 18 years of age to the clinic. Please bring your child's vaccine record to the clinic.

Feel free to contact your child's school nurse should you have questions.

Thank you!